

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Joachim HEADCOACH

Coaches: Van Pelt Marie

Coaches: Bogaert Ciaran

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:15
Heat: 3/10 Lane : 3 Athlete: DE RIDDER LEON					Q-time: 01:26:44
PB (25m pool): 01:26.44 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		no time		01:26.44	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:17
Heat: 4/10 Lane : 2 Athlete: DE DONDER THOR					Q-time: 01:22:39
PB (25m pool): 01:22.39 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		no time		01:22.39	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:18
Heat: 5/10 Lane : 1 Athlete: DE BACKER RUNE					Q-time: 01:18:32
PB (25m pool): 01:18.32 Sinbad 22/07/2025					PB (50m pool): no time SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		no time		01:18.32	
	no time				
					

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 19: 100M MEDLEY MEN 11+					Heat:7, starttime: 09:22
Heat: 7/10 Lane : 3 Athlete: OSSELAER ELANO					Q-time: 01:13:74
PB (25m pool): 01:13.74 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.74	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:7, starttime: 09:22
Heat: 7/10 Lane : 4 Athlete: VERNAILLEN SEPPE					Q-time: 01:12:74
PB (25m pool): 01:12.74 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.74	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:7, starttime: 09:22
Heat: 7/10 Lane : 5 Athlete: DE WITTE JUUL					Q-time: 01:13:45
PB (25m pool): 01:13.45 TEMSE 30/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.47		01:13.45	
	00:32.47		00:40.98		
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:8, starttime: 09:24
Heat: 8/10 Lane : 5 Athlete: DEKYVERE MATHIAS					Q-time: 01:09:01
PB (25m pool): 01:09.01 Lokeren 28/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.72		01:09.01	
	00:32.72		00:36.29		
					

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 19: 100M MEDLEY MEN 11+					Heat:9, starttime: 09:26
Heat: 9/10 Lane : 3 Athlete: CATRY GAETAN					Q-time: 01:05:51
PB (25m pool): 01:05.51 Sinbad 22/07/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.51	
	no time				
					

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:1, starttime: 09:29	
Heat: 1/9 Lane : 3 Athlete: JACOB EMMA							Q-time: 02:41:85	
PB (25m pool): 02:46.05 Dendermonde. 22/11/2025				PB (50m pool): 02:41.85 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.48		01:20.36		no time		02:46.05
	00:37.48		00:42.88					
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:4, starttime: 09:39	
Heat: 4/9 Lane : 4 Athlete: DE GROOTE LIESL							Q-time: 02:27:52	
PB (25m pool): 02:27.58 Dendermonde. 22/11/2025				PB (50m pool): 02:27.52 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.72		01:14.10		no time		02:27.58
	00:33.72		00:40.38					
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:4, starttime: 09:39	
Heat: 4/9 Lane : 6 Athlete: VAN DORPE ADA							Q-time: 02:28:72	
PB (25m pool): 02:28.72 Dendermonde. 22/11/2025				PB (50m pool): 02:31.10 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.01		01:11.76		no time		02:28.72
	00:34.01		00:37.75					
								

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:4, starttime: 09:39	
Heat: 4/9 Lane : 8 Athlete: HOEBEECK TINNE							Q-time: 02:29:10	
PB (25m pool): 02:29.10 Dendermonde. 22/11/2025				PB (50m pool): 02:31.27 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.20		01:12.17		no time		02:29.10
	00:34.20		00:37.97					
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:5, starttime: 09:42	
Heat: 5/9 Lane : 4 Athlete: RUYSSINCK DIEDE							Q-time: 02:23:14	
PB (25m pool): 02:23.14 Dendermonde. 22/11/2025				PB (50m pool): 02:27.07 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.25		01:08.48		no time		02:23.14
	00:32.25		00:36.23					
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:6, starttime: 09:45	
Heat: 6/9 Lane : 7 Athlete: OSSELAER GEIKE							Q-time: 02:21:45	
PB (25m pool): 02:21.45 Eeklo 06/04/2026				PB (50m pool): 02:29.59SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.98		01:10.63		no time		02:21.45
	00:33.98		00:36.65					
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:7, starttime: 09:48	
Heat: 7/9 Lane : 6 Athlete: BAYENS NINA							Q-time: 02:19:54	
PB (25m pool): 02:19.54 Gent 23/02/2025				PB (50m pool): 02:22.40 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.65		01:07.86		01:43.62		02:19.54
	00:32.65		00:35.21		00:35.76		00:35.92	
								

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:9, starttime: 09:53	
Heat: 9/9 Lane : 7 Athlete: EELBODE EMELIE							Q-time: 02:12:19	
PB (25m pool): 02:20.22 Sinbad 16/03/2025				PB (50m pool): 02:12.19SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.26		01:10.09		no time		02:20.22
	00:33.26		00:36.83					
								

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:2, starttime: 09:58
Heat: 2/6 Lane : 6 Athlete: TER-EGANYAN ARMAN				Q-time: 01:24:53	
PB (25m pool): 01:24.53 Sinbad 05/10/2025			PB (50m pool): 01:26.39SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.48		01:24.53	
	00:37.48		00:47.05		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+							Heat:3, starttime: 10:00	
Heat: 3/6 Lane : 2 Athlete: STASSIJNS NAND							Q-time: 01:14:93	
PB (25m pool): 01:17.09 Sinbad 05/10/2025				PB (50m pool): 01:14.93SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:35.63		01:17.09				
	00:35.63		00:41.46					
								

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+							Heat:3, starttime: 10:00	
Heat: 3/6 Lane : 5 Athlete: DE WITTE JUUL							Q-time: 01:14:17	
PB (25m pool): 01:15.55 Sinbad 12/01/2025				PB (50m pool): 01:14.17 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:34.02		01:15.55				
	00:34.02		00:41.53					
								

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:1, starttime: 10:08
Heat: 1/5 Lane : 4 Athlete: VAN CALENBERGH LENA					Q-time: 01:54:33
PB (25m pool): 01:54.33 Lokeren 28/09/2025					PB (50m pool): 01:56.16 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.25		01:54.33	
	00:54.25		01:00.08		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:1, starttime: 10:08
Heat: 1/5 Lane : 5 Athlete: VAN LAETHEM MILA					Q-time: 01:55:93
PB (25m pool): 02:09.11 Zottegem 09/03/2025					PB (50m pool): 01:55.93 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.99		02:09.11	
	01:00.99		01:08.12		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 10:28
Heat: 4/11 Lane : 2 Athlete: DE RIDDER LEON					Q-time: 01:21:88
PB (25m pool): 01:22.91 TEMSE 18/05/2025					PB (50m pool): 01:21.88 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.19		01:22.91	
	00:40.19		00:42.72		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:30
Heat: 5/11 Lane : 3 Athlete: BOMBEECK MATHIAS					Q-time: 01:16:82
PB (25m pool): 01:19.55 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:16.82 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.77		01:19.55	
	00:37.77		00:41.78		
					

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 10:37
Heat: 8/11 Lane : 3 Athlete: OSSELAER ELANO					Q-time: 01:10:17
PB (25m pool): 01:10.17 Eeklo 06/04/2026					PB (50m pool): 01:11.85 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.59		01:10.17	
	00:33.59		00:36.58		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:9, starttime: 10:39
Heat: 9/11 Lane : 5 Athlete: BLONDEEL NILS					Q-time: 01:08:87
PB (25m pool): 01:12.37 Temse 31/05/2026					PB (50m pool): 01:11.14 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.85		01:12.37	
	00:35.85		00:36.52		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:10, starttime: 10:41
Heat: 10/11 Lane : 3 Athlete: WOJCIULA TYMON					Q-time: 01:04:01
PB (25m pool): 01:04.01 Temse 17/11/2025					PB (50m pool): 01:05.36 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.67		01:04.01	
	00:31.67		00:32.34		
					

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:1, starttime: 10:45	
Heat: 1/3 Lane : 5 Athlete: VAN NIEUWENHUYSE LOTTE							Q-time: 03:08:61	
PB (25m pool): 03:10.55 T Rosco 12/10/2025				PB (50m pool): 03:08.61 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.46		01:32.29		02:22.03		03:10.55
	00:42.46		00:49.83		00:49.74		00:48.52	
								

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:2, starttime: 10:50	
Heat: 2/3 Lane : 2 Athlete: BULLEN LOTTE							Q-time: 02:59:80	
PB (25m pool): 02:58.54 Lokeren 29/09/2024				PB (50m pool): 02:59.80SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:58.54
	no time							
								

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:2, starttime: 10:50	
Heat: 2/3 Lane : 7 Athlete: REYCHLER JINNE							Q-time: 02:59:92	
PB (25m pool): 02:59.92 Eeklo 21/04/2025				PB (50m pool): 03:03.95 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.32		01:25.91		no time		02:59.92
	00:40.32		00:45.59					
								

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 10:53	
Heat: 3/3 Lane : 2 Athlete: DE SMET LILY							Q-time: 02:52:56	
PB (25m pool): 02:56.35 Gent 23/02/2025				PB (50m pool): 02:52.56 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.82		01:24.05		02:10.43		02:56.35
	00:39.82		00:44.23		00:46.38		00:45.92	
								

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 10:53	
Heat: 3/3 Lane : 3 Athlete: RUYSSINCK DIEDE							Q-time: 02:48:91	
PB (25m pool): 02:48.91 Sinbad 16/03/2025				PB (50m pool): 02:54.55SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.98		01:21.16		no time		02:48.91
	00:37.98		00:43.18					
								

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 10:53	
Heat: 3/3 Lane : 7 Athlete: LEGRAND ALICIA							Q-time: 02:52:71	
PB (25m pool): 02:55.45 Eeklo 06/04/2026				PB (50m pool): 02:52.71SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.22		01:25.71		no time		02:55.45
	00:44.22		00:41.49					
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:1, starttime: 11:10	
Heat: 1/11 Lane : 5 Athlete: BADIDI CHAHD							Q-time: 00:34:82	
PB (25m pool): 00:34.82 Zottegem 01/03/2026				PB (50m pool): 00:34.97 SB: no time				
	2 5 M		5 0 M					
PB			00:34.82					
			00:34.82					
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:2, starttime: 11:11	
Heat: 2/11 Lane : 1 Athlete: JACOB EMMA							Q-time: 00:33:73	
PB (25m pool): 00:35.94 TEMSE 30/03/2025				PB (50m pool): 00:33.73 SB: no time				
	2 5 M		5 0 M					
PB			00:35.94					
			00:35.94					
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:3, starttime: 11:12	
Heat: 3/11 Lane : 8 Athlete: VAN NIEUWENHUYSE LOTTE							Q-time: 00:33:00	
PB (25m pool): 00:33.67 Zottegem 01/03/2026				PB (50m pool): 00:33.00 SB: no time				
	2 5 M		5 0 M					
PB			00:33.67					
	00:33.67							
								

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:5, starttime: 11:14
Heat: 5/11 Lane : 2 Athlete: HOEBEECK TINNE			Q-time: 00:31:21
PB (25m pool): 00:31.27 Gent 23/02/2025			PB (50m pool): 00:31.21 SB: no time
	2 5 M	5 0 M	
PB		00:31.27	
		00:31.27	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:6, starttime: 11:15
Heat: 6/11 Lane : 1 Athlete: VAN DORPE ADA			Q-time: 00:30:35
PB (25m pool): 00:30.35 T Rosco 12/10/2025			PB (50m pool): 00:30.41 SB: no time
	2 5 M	5 0 M	
PB		00:30.35	
		00:30.35	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:6, starttime: 11:15
Heat: 6/11 Lane : 2 Athlete: DE GROOTE LIESL			Q-time: 00:30:33
PB (25m pool): 00:30.33 Zottegem 01/03/2026			PB (50m pool): 00:30.46 SB: no time
	2 5 M	5 0 M	
PB		00:30.33	
		00:30.33	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:7, starttime: 11:16
Heat: 7/11 Lane : 4 Athlete: OSSELAER GEIKE			Q-time: 00:29:61
PB (25m pool): 00:29.71 T Rosco 12/10/2025			PB (50m pool): 00:29.61 SB: no time
	2 5 M	5 0 M	
PB		00:29.71	
		00:29.71	
			

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:8, starttime: 11:17
Heat: 8/11 Lane : 2 Athlete: BAYENS NINA			Q-time: 00:29:37
PB (25m pool): 00:29.37 Gent 23/02/2025			PB (50m pool): 00:30.34 SB: no time
	2 5 M	5 0 M	
PB		00:29.37	
		00:29.37	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:11, starttime: 11:20
Heat: 11/11 Lane : 1 Athlete: EELBODE EMELIE			Q-time: 00:27:66
PB (25m pool): 00:28.19 T Rosco 12/10/2025			PB (50m pool): 00:27.66 SB: no time
	2 5 M	5 0 M	
PB		00:28.19	
		00:28.19	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:3, starttime: 11:24
Heat: 3/7 Lane : 2 Athlete: DE DONDER THOR			Q-time: 00:38:79
PB (25m pool): 00:38.79 T Rosco 12/10/2025			PB (50m pool): 00:38.80 SB: no time
	2 5 M	5 0 M	
PB		00:38.79	
		00:38.79	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:4, starttime: 11:25
Heat: 4/7 Lane : 1 Athlete: DE BACKER RUNE			Q-time: 00:37:25
PB (25m pool): 00:38.19 Sinbad 22/07/2025			PB (50m pool): 00:37.25 SB: no time
	2 5 M	5 0 M	
PB		00:38.19	
		00:38.19	
			

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:5, starttime: 11:26
Heat: 5/7 Lane : 5 Athlete: WALTNIEL BAVO			Q-time: 00:34:61
PB (25m pool): 00:36.05 T Rosco 12/10/2025			PB (50m pool): 00:34.61 SB: no time
	2 5 M	5 0 M	
PB		00:36.05	
		00:36.05	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:5, starttime: 11:26
Heat: 5/7 Lane : 7 Athlete: TER-EGANYAN ARMAN			Q-time: 00:35:56
PB (25m pool): 00:37.51 T Rosco 12/10/2025			PB (50m pool): 00:36.23 SB: no time
	2 5 M	5 0 M	
PB		00:37.51	
		00:37.51	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:6, starttime: 11:27
Heat: 6/7 Lane : 2 Athlete: WALTNIEL NAND			Q-time: 00:33:49
PB (25m pool): 00:33.49 Lokeren 28/09/2025			PB (50m pool): 00:34.05 SB: no time
	2 5 M	5 0 M	
PB		00:33.49	
		00:33.49	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:6, starttime: 11:27
Heat: 6/7 Lane : 6 Athlete: DEKYVERE MATHIAS			Q-time: 00:32:88
PB (25m pool): 00:32.88 T Rosco 12/10/2025			PB (50m pool): 00:33.32 SB: no time
	2 5 M	5 0 M	
PB		00:32.88	
		00:32.88	
			

Coach feedback: